



2017 OAKLAND UNIVERSITY DIVE CAMP



July 10-14

ABOUT COACH ALBRIGHT

Albright has been coaching diving for 23 years and is Oakland University's diving coach for both the men's and women's programs. He was a three-year club coach for Starz Diving in Indianapolis. Albright worked with John Wingfield, the USA National Team coach/director. He served as the head diving coach at Franklin Community High School for both the boys and girls programs. Coached at his alma mater, Walled Lake Central, for ten years producing four high school All-Americans, 6 all-state performers and two regional champions. Coached with former OU diver and coach Buck Smith, now the head coach for Eastern Michigan University and Legacy Diving Program. Started a second branch of Legacy Diving in September of 2006. Albright and his staff have produced five State Champions, many All State Finishers and 21 National qualifiers. Four former Legacy/OU divers qualified for the NCAA Division 1 National Championships in the past four years. We also had 1 former Legacy/OU diver that qualified for the 2016 US Olympic Trials.

CAMP FEATURES

Camp begins at 10am and ends at 5pm

- Instructional program is designed to serve all levels of competitive diving
- Small camper-to-coach ration ensures personal instruction and attention
- One-on-one instruction on a dry board and on trampoline with spotting belts
- Two TIVO's and cameras used so divers may review their dives
- Spotting belts over one-meter and three-meter
- Daily diving related exercises and conditioning
- Diving exhibition on Friday July 14th at 2:30pm, parents are invited to attend
- Friday pizza party, diving exhibition, and dive reviews
- A t-shirt will be included with registration fee

This camp is open to all, limited only by age and number of entrants

REGISTRATION

- **\$350 for the session**
- All divers must have a USA Diving Membership to participate
- Visit www.usadiving.org to purchase a 2017 Athlete Membership (send in a copy of your USA Diving card with registration form)
- Click "Join Today"
- Check "Limited Athlete Membership" (\$12)
- SIGN UP!
- Plan to arrive Monday, July 10 at 9:45am
- Go to the loading dock entrance of the Athletic Building – we will meet by the OU pool near the diving well

Name: _____

Address: _____

Home Phone: _____

Email: _____

Birth Date: _____ Male Female (please circle)

Adult T-shirt: S M L XL 2XL

Youth T-shirt: S M L

FACILITIES

- \$37 million Student Recreation & Athletic Center
- 50-meter pool with moveable bulk heads and diving well
- Two one-meter diving boards with concrete stands
- Two three-meter diving boards with concrete stands
- One five-meter platform

REQUIREMENTS

- Boys and girls ages 6 to 20
- Must be able to swim
- No previous diving experience necessary
- USA Membership (see Registration section for details)
- This camp is limited to 45 campers

WHAT TO BRING

- Swimming suit and towel
- A desire to learn and lots of enthusiasm
- Sack lunch every day except Friday

QUESTIONS

Please contact Larry Albright at (248)370-3134 or by email at albrigh3@oakland.edu

YOUTH PROTECTION INFO

Criminal background checks must be conducted on all program personnel and volunteers prior to their involvement with minors. All personnel working with minors are required to be aware of and abide by university policy governing appropriate interaction with program participants, as well as be familiar with resources available to help ensure the protection of minors. The diligence and cooperation of all university employees and program partners will help ensure that every youth participating in university programs and activities will have rewarding experiences.

For more information please visit oakland.edu/youth.

Please return the bottom portion of this form and a copy of your USA Diving Membership card with full payment by July 6th to

Larry Albright
2347 Old Salem Ct.
Auburn Hills, MI 48326

Please make checks payable to Larry Albright

Oakland University, nor anyone else connected with the camp assumes any responsibility for accidents (medical/dental) or any other injuries incurred as a result of attendance at this camp. The parent/guardian authorizes the directors and staff of the camp to act in their best judgement in any emergency requiring medical attention. The parent/guardian will furnish medical insurance for their child.

Parent/guardian signature: _____

Date: _____

Health Insurance provider: _____

Policy number: _____